

Food Quantity Chart

Food Serving Size For 25 For 100-110

MEAT/POULTRY/SEAFOOD

Ground Beef	3 oz. cooked	7-8 lbs. raw	30 lbs. raw
Flank Steak	3 oz. cooked	8.5 lbs. raw	34 lbs. raw
Beef Tenderloin	4 oz. cooked	7 lbs. raw	28 -30 lbs. raw
Meatballs	4-6 balls	8 lbs.	30-32 lbs.
Pork Chops	1 chop	8 lbs.	32 lbs.
Bacon	2 slices	3 lbs.	12-13 lbs.
Ham, fully cooked	3 oz.	7 lbs.	28 lbs.
Sausage	1-2 links or 2-3 oz.	7 lbs.	28 lbs.
Hot dogs	1-2	36	144
Chicken, boneless cut up for casserole	2 oz.	3.5 lbs.	15 lbs.
Chicken, bone-in	1-2 pieces	10 lbs.	40 lbs.
Fish	3-4 oz.	8 lbs.	30-32 lbs.

Sandwich Fillings

Cold meats	1 oz.	2 lbs.	8 lbs.
Cheese	1 oz.	2 lbs.	8 lbs.
Tomatoes	2 slices	7 tomatoes	28 tomatoes
Lettuce, shredded	½ oz.	½ lb.	2 lbs.

Salads

Greens	1 cup	3 heads (1.5 lbs.)	12 heads (6 lbs.)
Spinach	1 cup	1.5 lbs.	6 lbs.
Tomatoes for salad		6 lbs.	24 lbs.
Cherry tomatoes for salad		2 lbs.	8 lbs.
Potato salad	½ cup	2 quarts	8 quarts
Bottles of salad dressing		1 bottle	3 bottles

Soups	½- 1 cup	1-1.5 gallons	4-4.5 gallons
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STARCHES

Baked beans	½ cup	½ gallon	2 gallons
French fries, hash browns	½ cup	6-7 lbs.	24-28 lbs.
Pasta	4 oz.	2.5 lbs. dry	10 lbs. dry
Potatoes, mashed	4 oz.	9 lbs.	36 lbs.
Rice	½ cup	2 lbs.	8 lbs.

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Beverages			
Juice/Punch		1 gallon	4 gallons
Coffee		¼ lb. ground coffee	1 lb. ground coffee
Frozen juice		2-3 (12 oz.) cans	8-10 (12 oz.) cans
2 liter soft drinks		2-3	7-8
Bread, Pancakes			
Sliced sandwich bread	2 slices	2 loaves (24/loaf)	8 loaves (24/loaf)
Pancake mix	(2) 4" cakes	3 lbs.	12 lbs.
French Toast	2 slices	2 loaves (24/loaf)	8 loaves (24/loaf)
Corn bread/coffee cake	3x2 square	1 pan (12x18)	3-4 pans (12x18)
Garlic bread	1" thick	2-3 loaves	9-10 loaves
Rolls/biscuits, muffins	1	2 ½ doz.	8-9 doz.
Quick bread	1 slice	2 loaves	8 loaves
Dairy			
Butter (for table)		½ lb.	2 lbs.
Cheese (for sandwiches)		1.5-2.00 lbs.	7-8 lbs.
Whipping cream		¾ pint or 1 can	1 qt. or 3 cans
Eggs	2	4 doz.	14 doz.
Sour cream	2 T	1.5 lbs.	6 lbs.
Dessert			
Sheet cake	Small square	¼- ½ sheet cake	1.5 sheet cakes
Cookies	2	4 doz.	16 doz.
Cupcakes	1	2.5 doz.	8 doz.
Ice cream	½ cup	0.5-1.00 gallon	2.5 gallons
Pies	1/8 pie	2-3 pies	10-11 pies
Fruits			
Fresh fruit cup	½ cup	8 pounds	32 pounds
Grapes	½ cup	7 lbs.	27-28 pounds
Berries	½ cup	7 lbs.	27-28 lbs.
Pineapples	½ cup	3 pineapples	12 pineapples

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Vegetables, Fresh

Asparagus, green beans, broccoli, carrots, cauliflower	3 oz.	8 lbs.	32 lbs.
Vegetables, Frozen	3 oz.	3-4 lbs.	15 lbs.

Condiments/Sauces

Dressing for Salad		2 bottles	4-5 bottles
Gravy	3-4 Tbsp.	1 quart	4 quarts
Ketchup		1 (14 oz.) bottle	2-3 (14 oz.) bottles
Pickles, sliced		½ quart	1.5 quarts
Salsa	2-3 Tbsp.	½ quart	1/5 quarts
Syrup	¼ cup	1 quart	3 quarts